

1st International Agri-Food &
MEDITERRANEAN
DIET CONGRESS



7-9 OCTOBER 2026 - ANTALYA/TÜRKİYE
NAZIM HİKMET FAIR & CONGRESS CENTER

— FROM FARM TO TABLE —
A Holistic Healthy Lifestyle

www.meddietcongress.com

Host Institution



AKDENİZ
UNIVERSITY

Organization



tablet iletişim

DEAR PARTICIPANTS

We Meet in Antalya for Agri-Food and the Mediterranean Diet...

We are pleased to announce that the **1st International Agri-Food & Mediterranean Diet Congress**, prepared with the contributions of scientists, public institutions, private sector representatives, and NGOs from Türkiye and Mediterranean countries, will be held on 7–9 October 2026 in Antalya, hosted by Akdeniz University.

Our congress will be an important meeting point to showcase the tremendous potential of Türkiye and Mediterranean countries in the fields of healthy nutrition, gastronomy, and agri-food, while offering new opportunities for organizations investing in the sector. Bringing together scientists and industry professionals, the congress will feature panels, workshops, promotional and marketing activities, B2B meetings, tasting events, and an award ceremony.

Distinguished scientists and leading experts will convene at our congress to discuss the latest advances in the theory and practice of the Mediterranean Diet system.

We will host numerous senior executives from producer, buyer, logistics, and service provider companies with both local and international backgrounds, as well as high-level representatives and officials from public institutions, NGOs, international organizations, and producer unions.

We would be honored and delighted to welcome you, esteemed academics and valued stakeholders, to our congress.

Congress Co-Chairs:

Prof.Dr. Mustafa Erkan
*Dean, Faculty of Agriculture,
Akdeniz University*

Prof.Dr. Fatih Yıldız
*METU Food Eng. Retired
Founding Faculty Member*

CONTENT OF CONGRESS

Changing World, Trends, New Understandings...

Healthy Nutrition and Holistic Health

The role of nutrition in chronic disease prevention and holistic well-being.

Med. Diet: From Tradition to the Future

The Med. Diet as cultural heritage and the social and psychological impacts of shared meals.

Tourism-Marketing via the Med. Diet

The role of the Med. Diet in Türkiye's int. branding and gastronomic tourism.

Global Food Security, the Med. Future

Food security, sustainability, and int. policies in the context of climate change.

Functional Foods, Dietary Supplements

Scientific perspectives on functional foods and supplements & their health impacts.

Innovative, Sustainable Agriculture

The contribution of good agricultural practices & innovative tech. to sustainability.

Biomix Nutrition - Smart Nutrition Tech.

Personalized nutrition models, data-driven approaches, smart nutrition systems.

Nutrition Models, Public Policies

Mediterranean Diet-aligned nutrition practices in public institutions and preventive health policies.

Next-Gen Nutrition: Economy & Ventures

New-generation nutrition initiatives, value-added Mediterranean products, and incentive mechanisms.

MAIN THEME

“From Farm to Table - A Holistic Healthy Lifestyle”

PARTICIPANTS

- Scientists • Food Industry Representatives
- Health and Nutrition Experts • Mediterranean Cuisine Chefs • International Organizations
- Public Institutions
- NGOs • Cooperatives
- Producer Associations
- Communication Professionals.

Expected number of participants: 500

IMPORTANT DATES

- Abstract submission: **June 15th, 2026**
- Acceptance Notice: **July 1st, 2026**
- Early Bird Registration Deadline: **August 30th, 2026**
- Congress Sessions: **October 7th, 2026**



MedDietCongress

1st International Agri-Food &
Mediterranean Diet Congress

Organization and Contact

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Online Registration

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